

# Attending for Your Autism Assessment



## Autism Assessment Service Locations:

- The assessment teams work in a variety of locations
- You will be offered the next available appointment slot that is the most suitable to meet your needs

## Young Person's Consent:

The assessment team will only progress with the assessment if:

- You understand why you are being assessed and
- You agree to the assessment

If you have any concerns please let us know.

## Assessment Team:

Any 2 of the following professionals will assess you:

- Paediatrician
- Speech and Language Therapist
- Psychologist
- Occupational Therapist
- Behaviour Therapist
- Social Worker
- Psychiatrist
- Nurse



## Day of Assessment:

You will be in a separate room to your parent/guardian.

You will complete an assessment called ADOS (Autism Diagnostic Observation Schedule).

Your parent/guardian will be asked questions to help the professionals understand your developmental milestones and your strengths and needs.

## Further Assessment:

In some cases there may be more than one assessment session required.

This will be discussed with you. *It may involve:*

- School observation/home observation
- Cognitive assessment
- Language assessment

## Feedback Appointment:

Once the assessment process has been completed, we will offer a feedback appointment for your parent/guardian.

If you are over 16, you can let us know if:

- You want a feedback appointment
- You would like a separate feedback appointment to your parents

The aim of this is to:

- Discuss the outcome of the assessment and diagnostic report
- Discuss next steps



## Assessment Outcome:

- Confirmed diagnosis of ASD – You will be offered a referral to the Autism Intervention Team
- Very occasionally we may decide to review you in 12 months. We will talk this through with you and your family
- No ASD diagnosis - we will discharge you from our service. However, we may suggest other supports/services and refer you to them

## School Questionnaire:

Your parent/guardian will need to ensure your teacher has completed the Social Communication Questionnaire. This must be brought with you to your appointment as your assessment cannot be finished without it.

